Meet Harleen:

Educational Resource Developer



Harleen Cheema, BSc Medical Student, University of Alberta

During my undergraduate degree, I started volunteering with the Skin Cancer Awareness Network at the University of British Columbia and started giving presentations on sun safety to elementary school students. As I learned more about skin conditions in medical school, I grew more passionate about the physical and mental health impacts of skin conditions on patients. In my first year of medical school, I looked up organizations that advocated for patients with skin conditions and CSPA's goals aligned

with mine. Not only have I been able to give back to the community, but I have also learned lots from CSPA's website and developed my skills in advocacy and education.

Over the past year, I have created several infographics for CSPA's Affiliate Member organizations focusing on different skin conditions. I hope that the education resources that I create with CSPA will be beneficial to both patients and health care professionals who can learn about skin conditions and feel empowered to make their decisions about prevention, diagnosis, and treatment of skin conditions.

Why do you like volunteering with CSPA?

Volunteering with CSPA has been a great learning experience for me. Creating infographics has not only fueled my knowledge in the field of dermatology but has also sparked my interest in exploring this field during my medical training. I absolutely love working with the kind and welcoming staff at CSPA who are very passionate about what they do.

Whether you are interested in research, advocacy, or patient education, CSPA has a wide variety of opportunities for you to get involved with. Knowing that you are making a difference in your community based on your knowledge and skills is very fulfilling. Skin is the largest human organ and spreading awareness about prevention and management of skin conditions is essential to the health of our community. This experience will not only allow you to advocate for patients struggling with skin conditions but will also enhance your knowledge in the field of dermatology.

Has a personal connection with the skin patient community inspired your participation?

As a family member and friend to individuals who have struggled with skin conditions, I appreciate the importance of being a part of an organization like CSPA that strives to educate the community and advocate for patients who suffer both physical and mental health consequences as a result of their skin condition.