# Recommendations





#### I. AWARENESS

Raise awareness about HS to support quicker & more accurate diagnoses

- 1. Increase awareness for HCPs most likely to see a person living with HS
- 2. Educate those who frequently provide services to people living with HS
- 3. All education should be rooted in anti-stigma practices



#### II. DIAGNOSIS

Ensure patient access to diagnostic tools and collaborative care

- 4. Develop a coordinated, multi-disciplinary approach for managing HS among various HCPs to provide optimal care
- 5. Expedite access to procedures



#### III. TREATMENTS

Support patient access to safe, effective and affordable treatments to manage HS symptoms

- 6. Expedite funding decisions for new treatments for HS which are safe and effective
- 7. Increase insurance coverage and financial assistance for proven treatments and procedures



### **IV. CARE**

Include strategies to manage the impacts of HS on daily life in comprehensive care plans

- 8. Evaluate every patient with HS for depression and offer support, care and referral to a specialist, where appropriate
- 9. Integrate a pain management discussion into every interaction with patients with HS



## V. SUPPORTING PATIENTS

Support the needs of people living with HS

- 10. Enhance availability and access to patient resources that provide information on treatment options and support groups for newly diagnosed patients
- 11. Continue to increase public awareness of HS