

Meet Jessica:

Contributor, Canadian Skin Magazine & Patient Education Resources



Jessica Ho, MSc, BSc

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As a third-year medical student at Queen's University who is interested in dermatology, I was fortunate to get involved with CSPA through my mentor, dermatologist Dr. Yuka Asai (Queen's University Department of Dermatology), who included me in developing patient education resources for specific skin conditions ([Human Papillomavirus \(HPV\)](#) and [Warts](#)). It was a great way for me to learn more while giving back to the skin patient community!

I hope that patients can find clear, accurate and up-to-date information on their skin concerns to feel empowered to make decisions around their management and treatment in collaboration with their healthcare providers.

Why do you like volunteering with CSPA?

I love getting to work with all the amazing team members of the CSPA and it's been a great way to dive in-depth into various dermatology topics to broaden my own knowledge. CSPA has been a great organization to work with, and you really do see the impacts of your time on the skin patient community. I highly recommend it!

Has a personal connection with the skin patient community inspired your participation?

Having struggled with my own skin issues in the past, I feel like it's so valuable to have something like CSPA, that provides a community, that can help support you through your condition as well as resources that provide patient-centred education.

Jessica has worked in public health and with both the World Health Organization and Doctors without Borders (MSF).